



Participants Needed!

BI-MODAL

We are interested to understand how experiences affect our mood and how our mood affects the decisions we make. The aim of this research is to find improved ways for people to manage their mood.

This study involves downloading and using our smartphone app for 8 weeks.

Email bimodal@ucl.ac.uk with your name, email address and contact number to take part.



About the study

BI-MODAL

Who can take part?

We're looking for volunteers who fit the following criteria:

- Age: over 25 years old
- Not a psychology student
- Good English level
- Willing to complete the full 8-weeks in the study

What can you expect?

Participation

The study involves one initial meeting at UCL, which you will arrange with the research team. Then you would be enrolled onto our smartphone app and continue to play games and complete mood ratings on the app, for 8-weeks.

Reimbursement

The study lasts for 8 weeks. If you complete the study, you will receive £50 plus up to an additional £25 bonus depending on the amount that you complete.

Contact bimodal@ucl.ac.uk with your name, email address and contact number to take part.

Visit <https://thehappinessproject.app/> for more information.

